



Marialana Curry

Co-founder, Project Little Warriors

Marialana Curry, co-founder of Project Little Warriors founded PLW in 2018 alongside colleague, James Gaddy. PLW is a nonprofit organization where our mission is to bring mindfulness and self-love to the younger generation by way of yoga and fitness. We go into schools to provide a yoga class, meditation, and a mindful moment to introduce concepts and tools to overcome trauma, current and future challenges and to provide these children an outlet of opportunity and love. Ria has been practicing yoga for years now, and teaching for about four. Yoga has changed her life and has given her a new perspective and mindset as she tackles each day. She finds freedom within her practice that allows her to take that off her mat as well. She strives to share these benefits with as many people as she can, most especially our youth.



**CAMDEN
COLLABORATIVE
INITIATIVE**

